

“ELearning” Objective: To provide students with academic, social, emotional, physical, faith, and service activities in order to help students continue and maintain learning instruction while schools are sequestered for COVID-19. All activities listed below are optional activities to do for our students.

Grades: PK-5	Guidance Counselors will Help your child with emotional recognition and regulation
Subjects:	Social Emotional
What you will need	PK-2: Acts of Kindness PDF (contains word search, printable mini book) Device to watch a video on Pencils, coloring supplies (is desired) 3-5: XCS Choice Boards PDF (contains 2 choice boards)
Essential Questions to ask students:	Parents: Please complete these activities with your children as much as possible. These help foster good conversation and make talking about our emotions and mental wellbeing a normal part of life. Kindness Book: Print out and allow your students to color the book and use it to practice both their reading skills and how to be kind. XCS Choice Boards: consider setting rewards for completing activities on the choice board.
Resources	Acts of Kindness PDF XCS Choice Board PDF <a href="#">The Character Tree video – Acts of Kindness</a>
How to submit activities:	You may email completed activities to your child’s counselor. All Saints – Nancy Jacoby – <a href="mailto:guidance@allsaints-crschool.org">guidance@allsaints-crschool.org</a> St. Joseph – Alissa Kalkbrenner – <a href="mailto:akalkbrenner@sjcsmarion.org">akalkbrenner@sjcsmarion.org</a> St. Jude – Andrew Coleman – <a href="mailto:acoleman@holyfamilycr.org">acoleman@holyfamilycr.org</a> St. Matthew – Kay Staudacher – <a href="mailto:kstaudacher@stmatthewcr.org">kstaudacher@stmatthewcr.org</a> St. Pius X – Nancy Felton – <a href="mailto:nfelton@stpiusxschoolcr.com">nfelton@stpiusxschoolcr.com</a>